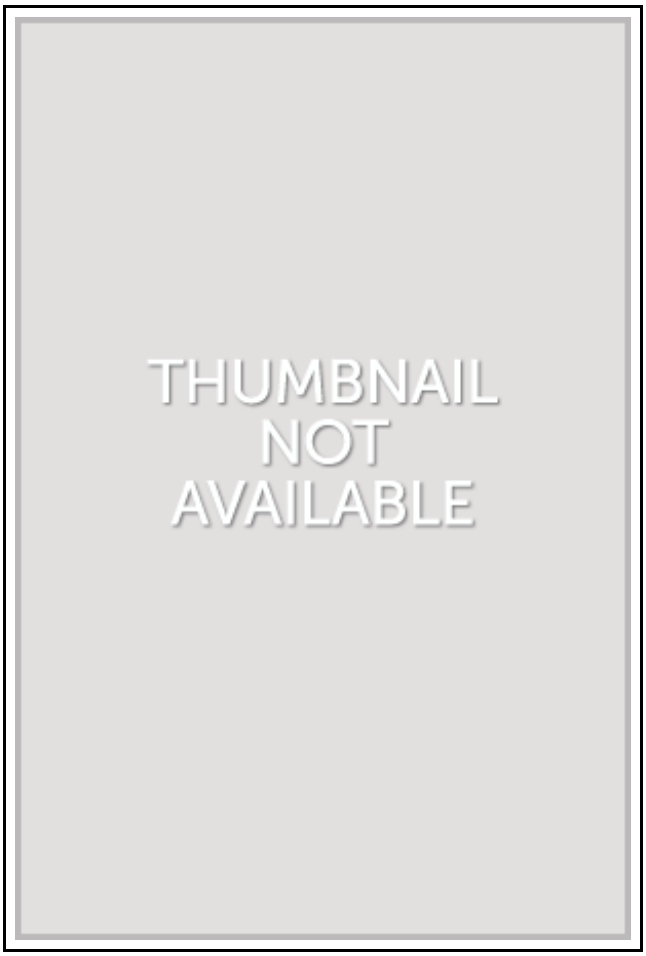
Sex, Love, Back Pain and You: A Guide to Restoring Health and Intimacy (Paperback)



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Reviews

It is great and fantastic. Sure, it is actually perform, nevertheless an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Ivy Hilll DDS)

SEX, LOVE, BACK PAIN AND YOU: A GUIDE TO RESTORING HEALTH AND INTIMACY (PAPERBACK)

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Createspace Independent Publishing Platform, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This book is a practical, and yet medically informed guide for those suffering from Chronic Back Pain - especially its effect on intimacy, its negative effect on sexuality and intimate relations. One of the most important tasks of the book is identification of subtle (indeed, nearly invisible) physical and psychological damages be back injury, pain and even treatment. The single most important reason to read this book is its grounding in the lives of patient with formidable problems. Few, if any texts go into the homes and or discuss sexual problems. This was work, but critical work if relationships were to survive. In this text, the years of wisdom gathered from couples made romance possible to regain with months - not years. Only a very small percentage of texts like this one try to see the depth of back pain patients problems. Here we see the patient, couple, dating teens, and retired bakers throughout the day and into the night. Diagnostic medical tools reveal physical problems, but not those that come up at home and in the workplace. A first edition of this text attempted to generate solutions based on short office visits. Yet we all knew that in today s clinics, office time is short. Too often, the end with little discussion beyond perscriptions and referalls. The interviews in this book captured experiences revealed from extensive hours and identifying specific situations. The book also looks carefully at the rise of pain control medication: the right to live without pain but balanced by the need to stay connected to friends, families and responsibility to remain lucid and not hide from pain, which medications can allow....

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