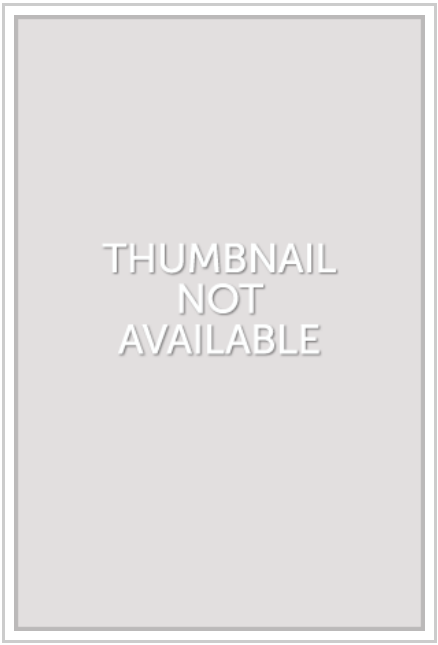

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A Revolution in Health Through Nutritional Biochemistry (Paperback)

By John Neustadt

iUniverse, United States, 2007. Paperback. Book Condition: New. 224 x 160 mm. Language: English . Brand New Book ***** Print on Demand *****.Biochemical testing is a revolutionary concept in medicine that has saved many lives and improved the health of countless others. Symptoms and diseases have underlying biochemical causes, and advanced testing technologies can now detect the exact steps within pathways causing diseases, including depression, fatigue, adult-onset asthma, seizure disorders, multiple sclerosis, osteoporosis, diabetes, metabolic syndrome, irritable bowel syndrome, memory loss, and more. Biochemical abnormalities may then be corrected using targeted nutrient therapies. Nutritional Biochemistry is a revolutionary approach that is redefining medicine and providing clinicians the ability treat the underlying causes of disease instead of just ameliorating symptoms with drugs. The principles set out in this book are at the same time both ancient and revolutionary. Ancient because they have been known and followed for thousands of years, but revolutionary in our time because they run counter to the approach to health with which all of us have grown up. The principles are simple: 1) most medical approaches treat symptoms not causes; 2) most pharmaceuticals and medicines are intended to destroy something, not add something; 3) with our modern...

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