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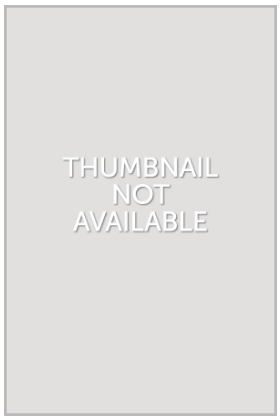
THE PALEO PRIMER: A JUMP-START GUIDE TO LOSING BODY FAT AND LIVING PRIMALLY



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