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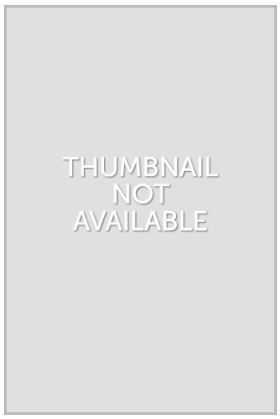

Skyhorse Publishing. Hardback. Book Condition: new. BRAND NEW, Preserving: Self-Sufficiency, Carol Wilson, There are several different methods of preserving fruits and vegetables and all give delicious results. Jams, jellies, fruit butters and curds, bottled fruits, chutneys, pickles, and salted vegetables are all practical and economical ways to preserve seasonal produce. All you need is a heavy-based pan, a funnel, a sugar thermometer, and glass storage jars. Ingredients, popular fruits and vegetables, sugars, cooking techniques, storage information, helpful hints and tips,...

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