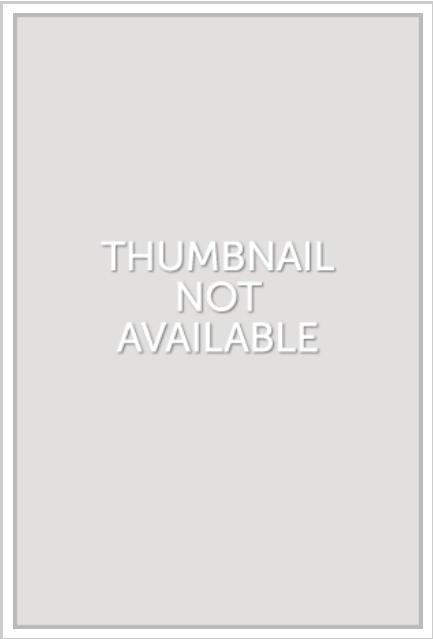


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By Gilbert, Elizabeth

Rizzoli, 2011. Book Condition: new. Milano, 2011; br., pp. 376, cm 14x21. (Vintage). Liz è bella, bionda, solare; ha una grande casa a New York, un matrimonio perfetto, un lavoro invidiabile. Eppure, in una notte autunnale, si ritrova in lacrime sul pavimento del bagno, con l'unico desiderio di essere mille miglia lontana da lì. Quella notte, Liz capisce di non volere niente di tutto quello che ha, e fa qualcosa di cui non si sarebbe creduta capace: si mette a pregare. Come reagireste se Dio (o qualcosa che gli assomiglia) venisse a toccarvi il cuore e la mente, non per invitarvi alla pazienza e alla rassegnazione, ma per dirvi che avete ragione, quella vita non fa per voi? Probabilmente fareste come Liz: tornereste a letto, a pensarci su. A raccogliere le forze, perché il bello deve ancora venire. Un amarissimo divorzio, una tempestosa storia d'amore destinata a finir male e, in fondo, uno spiraglio di luce: un anno di viaggio alla scoperta di sé. In questo irresistibile diario-confessione, Elizabeth Gilbert ci racconta le tappe della sua personalissima ricerca della felicità: l'Italia, dove impara l'arte del piacere, ingrassa di 12 chili e trova amici di inestimabile valore; l'India, dove raggiunge la...

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