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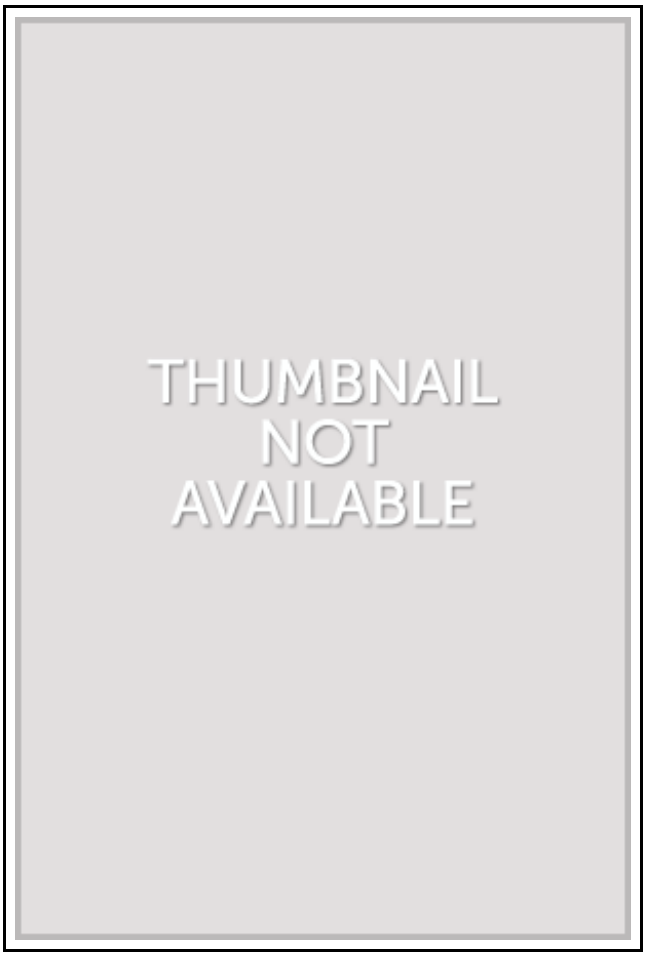

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Reviews

Thorough guide! Its this sort of excellent read. It is really simplified but unexpected situations in the 50 % in the book. You are going to like just how the blogger create this publication.

(Prof. Lela Steuber)

DREAM EXPLORATIONS: A JOURNEY IN SELF-KNOWLEDGE AND SELF-REALIZATION (PAPERBACK)

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Balboa Press, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Through Rachel Norment s Dream Explorations: A Journey in Self-Knowledge and Self-Realization, you can - learn contemporary methods of dreamwork inspired by Carl Jung and developed by Montague Ullman, Jeremy Taylor, and many others; and - discover the deep inner wisdom you have within yourself that can guide you towards spiritual growth and physical and psychological health and wholeness--toward becoming the person you are meant to become. Rachel Norment s Dream Explorations . is a gift to us all! The combination of her careful attention to her own dreams over decades and her keen eye for the dreams and insights of other dreamers has produced a work of great depth, wisdom, and inspiration. It is a joy to read. --Jeremy Taylor, D.Min., cofounder and past president of the International Association for the Study of Dreams (IASD) and author of The Wisdom of Your Dreams In this valuable and highly readable book, longtime dreamworker Rachel Norment offers us her collection of dream treasures with instructive reflections on common symbols and dream themes. This book clearly illustrates the rewards of a lifetime of dreamwork to guide and heal our lives. --Chelsea Wakefield, Ph.D., LCSW, psychotherapist and author of Negotiating the Inner Peace Treaty: Becoming the Person You Were Born to Be Serious dream workers and seekers after self-knowledge will be delighted by this book. Rachel s practical insights . into her personal symbols and themes are sure to bring light and guidance to anyone s inner explorations. I highly recommend it. --Jean Benedict Raffa, Ph.D., author of The Bridge to Wholeness, Dream Theatres of the Soul, and Healing the Sacred Divide.

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