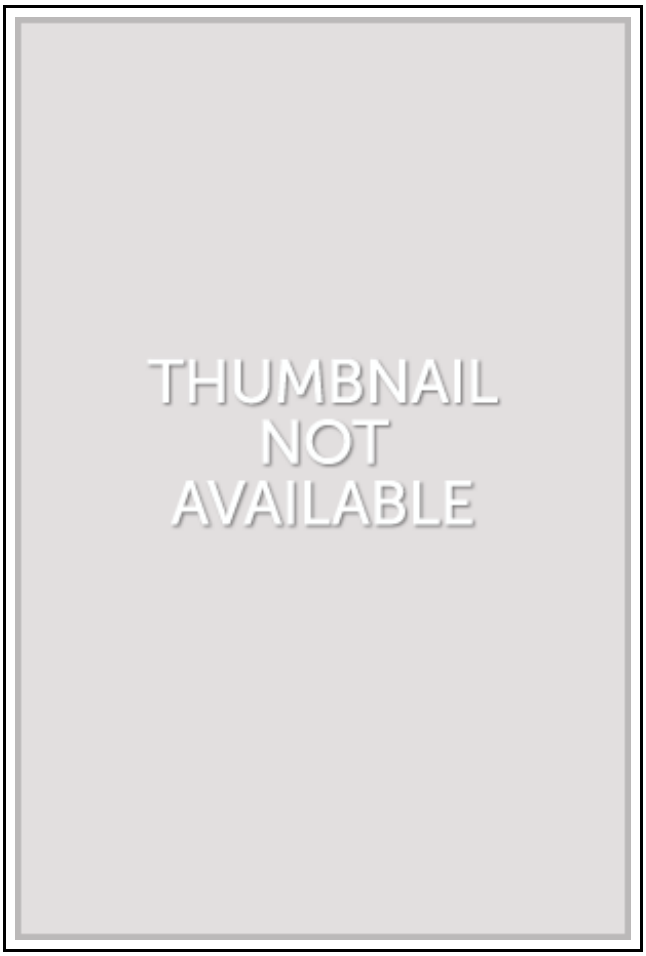
A Dignified Life: The Best Friends Approach to Alzheimers Care: A Guide for Care Partners



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This ebook is so gripping and exciting. it was writtern very flawlessly and valuable. I found out this publication from my i and dad suggested this ebook to understand.
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Health Communications. Paperback. Book Condition: New. Paperback. 336 pages. Dimensions: 8.5in. x 5.5in. x 0.9in.More than 5 million Americans are currently living with Alzheimers disease or a related form of dementia. By the year 2030, experts estimate that as many as 66 million people around the world will be faced with this life-altering disease. Unfortunately, these staggering statisticsimpact millions of caregivers, too. Compared with all types of caregivers, those who assist someone with dementia experience the highest levels of burnout, depression, poor health, and premature death. A Dignified Life, Revised and Expanded offers hope and help with a proven approach. Ten years ago, the first edition of A Dignified Life changed the way the caregiving community approached Alzheimers disease by showing caregivers how to act as a Best Friend to the person, finding positive ways to interact even as mental abilities declined. Firmly grounded in the latest knowledge about the progression and treatment of dementia, thisexpandededition offers a wealth of immediately usable tips and new problem-solving advice. It incorporates practical ideas for therapeutic activitiesincluding the latest brain-fitness exercisesstimulate the brain while adding structure, meaning, and context to daily routines. With new stories and examples as well as an updated resources section, A Dignified Life, Revised and Expanded gives caregivers the support and advice they need to be successful and inspired in their demanding roles. While medical treatment of the disease hasnt changed in the past ten years, our understanding and awareness of treating people in a more caring way has changed substantially. With no cure on the immediate horizon, respectful care by effective and compassionate care partners is the only real treatment available to people with dementia. The Best Friends Approach is successful because it sustains peoples connection to their world, their loved ones, and themselves. Its a universal program...

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